



GIRL'S INFORMATION SHEET

The Saint Jude girl's volleyball teams are open to all girls from the 3rd grade through the 12th grade and all of these teams play in the Girls Western Athletic Conference (GWAC - www.gwacsports.com). We can/will form teams at the following levels:

- 3rd/4th grade - instructional
- 5/6th grade A - top level competitive team
- 5/6th grade B1 - second level competitive team
- 5/6th grade B - teams formed based upon equal distribution of remaining talent
- 7/8th grade A - top level competitive team
- 7/8th grade B1 - second level competitive team
- 7/8th grade B - teams formed based upon equal distribution of remaining talent
- High School - recreational teams formed based upon equal distribution of talent and available coaches

The level at which we enter teams will ultimately depend on the talent level of the girls and the rules of the GWAC. Regardless of level of play, all individual player registrations must be received no later than August 17th of the respective year to be considered for a roster spot on a Saint Jude girls' volleyball team.

Instructional volleyball at the 3rd and 4th grade level means that wins and losses are not recorded and they play an eight-game regular season to get introduced to the game. Their regular season is typically held in November and December with most games being on Saturdays. At the coach's discretion, these teams can choose to enter up to two tournaments, but Saint Martin's is the only one offered during the GWAC season. Practice for these teams is recommended to be started in early October. Practice typically involves at least 1 hour 1 day of the week, but no more than 2 hours 2 days a week.

Teams in the 5th-8th grades are chosen based upon a tryout process. Tryouts for competitive grades (5/6th and 7/8th) will be held on back to back Sunday's in the beginning of September at the start of each season. All girls are encouraged to attend both tryouts, but must attend at least one tryout session to be rostered on a team. Every girl that hopes to play on an 'A' or 'B1' team is strongly encouraged to attend both tryouts. If a girl is prevented from attending both tryouts, e.g., due to injury or illness, she will be placed on a team at the discretion of the evaluators and coordinator based on existing knowledge of her ability. The top players make the 'A' team. The next best set of players typically make the 'B1' team. Please note that extra consideration is given to those players that are in the younger grade as they are likely to form the core of the 'A' team the following year and will need the extra year of preparation. Thus players on the fence for the older grade will tend to slip down while the younger grade will tend to step up. The remaining players are distributed on the 'B' teams to try to create evenly talented 'B' teams. All of these teams play a 10-game regular season starting mid-November and concluding by the end of January. The Boosters will pay the entry fee for up to two tournaments for each team. Fees for any additional tournaments will need to be funded by the team. Tournament choices throughout the season are typically offered at Saint Williams, Saint Dominic, Mercy, Seton, and McAuley.

Gym time permitting, the 'A' team players will likely be asked for a larger commitment with respect to practice time. In the past, all of our teams at all levels typically practiced two hours a week. We hope to carve out more time for the 'A' (and hopefully the 'B1') teams in the future. Until we know the total number of teams we will have, we cannot say for sure how much gym time will be available for the 'A' teams, but we hope to have at least three hours available each week for the 7/8 'A' team. If there are girls that would rather not put that much time into volleyball, they should let the coordinator and coaches know before tryouts that they are not seeking a spot on the 'A' or 'B1' team.

Anyone interested in being a head or assistant coach should let the Saint Jude girl's volleyball coordinator know anytime before we get to the tryout dates. You can reach the coordinator, Jamie Byrne, at jlwbyrne@gmail.com or at 513-746-0000 or Angela Dupero at aedurepo@gmail.com.